



## Fixed Height Floor Mounted Collared Fitness Barre Installation Instructions

Once you have determined where the floor stanchions will be located, it is best to use a chalk line or straight edge to insure a straight line to guide you. Typically, the stanchions should be mounted so that you have at least 8" of space from the barre to the wall so one's feet do not rub the wall.

The floor stanchions should be spaced no more than 12" in from each end of the barre with the balance of the stanchions evenly spaced but making sure that a stanchion is located at a barre joint when coupling two or more barre sections together.

It may be necessary at this point to slide the barre section(s) into the floor stanchion collars, however do not install the collar screws into the barre yet.

Anchor the floor stanchions to the floor using the proper anchor bolts (3/8" diameter recommended) four anchors per stanchion. All floor stanchions must be mounted in a straight line.

Note: Anchors for mounting the stanchions to the floor are not included as we have no information on the type of floor they will mount to. Your installing contractor should know which type of anchors to use.

Depending on the levelness of the floor, it may be necessary to "shim" the floor stanchions by placing flat washers between the floor and the stanchion base plate before final anchoring.

Once the floor stanchions are securely anchored to the floor, slide the barre section(s) left or right into it's final position and install the 3/4" long collar screws into the barre through the bottom of each collar (two per collar) . If joining multiple sections of barre, join these by inserting the end of the barre half way into the collar and installing one of the supplied 3/4" screw per each side of the collar.

Finally, Install the supplied black end caps to exposed barre ends.

**DISCLAIMER:** As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita Vibe, Inc. and it's affiliates will not be liable for any injury or death resulting from use of this equipment. User assumes responsibility for proper assembly, maintenance and use of this equipment.

