



Wall Mounted Hinged Ballet / Fitness Barre

Aluminum Barre - HB Series

Installation Instructions

You can mount the barre to any height you desire. Please keep in mind that this adjustable height hinged ballet / Fitness barre has three usable height positions and two stored positions. It is best to mount this barre while in the middle position at your desired height then you will have the option of repositioning the barre 5" up or down from the center position.

First determine where you will mount your new barre making sure to attached to the wall studs. (see reverse side for recommended bracket spacing)

Mount wall brackets using the supplied 1/4" lag bolts and washers. If mounting to wood studs, pilot drill a 3/16" hole into the wall / stud 1-3/4" deep prior to screwing in lag bolts. If mounting to a masonry wall, first install a 1/4 lag shield anchor (not included) prior to screwing in lag bolt.

If mounting to metal stud wall, it is highly recommended that a 1"X6" wood backer board first be mounted to the metal stud wall. **Be sure that the brackets are mounted level for proper operation.** After brackets are securely mounted, push the black caps onto the exposed bolt heads for a finished look.

Mount the barre to the brackets by sliding in the supplied 5/16" carriage bolts into "T" track from the end of the barre and then insert this bolt into the hole at the end of each hinged wall bracket.

Install the supplied split lock washer and then the 5/16" acorn nut , position barre to the desired location side to side then securely tighten all nuts. Tap in the supplied end caps at each end of barre.

Once you are satisfied with the barre location, install the supplied black rubber grip strip by first measuring the distance between the brackets and the distance from the bracket to the end of the barre.

Carefully cut the grip strip to these lengths and remove the adhesive tape liners from the back side of the grip strip and install into the barre groove and press firmly.

Hint: Easily cut the grip strip with garden shears or heavy duty scissors.

To Use: Simply pull the locking pin knobs located at the hinged brackets and turn it a 1/4 turn to keep it in the unlocked position, adjust barre to your desired height and release the locking pins onto this position.

Make sure all locking pins are fully engaged before using.

To Store: Repeat to process above and position the barre either fully up or down towards the wall and engage the locking pins.

DISCLAIMER: As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used. This equipment should not be used alone. Always have someone nearby in case of an emergency. Vita Vibe, Inc. and it's affiliates will not be liable for any injury or death resulting from use of this equipment. User assumes responsibility for proper assembly, maintenance and use of this equipment.

Please keep this instruction sheet for future reference. Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase.

Vita Vibe, Inc. 40 Ellwood Ct. Greenville, SC 29607

Tel: 864-288-8934 Fax: 864-751-6302

Email: getfit@vitavibe.com